



THE RANGARAYAN

A fortnightly voice of the seagulls



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Dr.D S V L Narasimham,
MS General Surgery, Principal

ZESTFUL MINDS AND NOVEL APPROACHES

As always I'm delighted to bring the latest edition of our institution's newsletter before you, the priceless readers. Excitement whirls in the air for the new 2018 interns as they get their first taste of the hectic and exhilarating world of healthcare as fresh young doctors. To supplement and support their entry into internship, we have brainstormed and conducted novel orientation classes to acclimate the 2018 interns to the contrasting world of tertiary government healthcare. Another proud note is the carrying forward of the RSRS organization with the institution of new members of the committee comprising RSRS. The young and energetic minds of our college never fail to make me happy every single day! Happy reading!

HEALTH BULLETIN

International

Shigella: CDC (Centres for Disease Control and Prevention) warns of increase in drug-resistant stomach bug : Shigella bacteria which causes fever, diarrhoea and stomach pain. Of all cases of Shigellosis noted since 2015, 5% have been linked to XDR Shigella strain , which is resistant and difficult to treat with medications and hence health officials have aptly noted it as a "serious public health threat".

National:

Centre is onboarding States to start screening for sickle cell disease: Health Ministry. Laying out the strategy to eliminate sickle cell disease in India, Union Health Secretary Rajesh Bhushan said that the Indian Council of Medical Research (ICMR) has conducted an assessment of the diagnostic tests to be used for the purpose of screening a target group of seven crore people. Mr. Bhushan was addressing a post-Budget webinar titled 'Leaving no citizen behind'.

State:

The Health and Family Welfare Department, in association with Bengaluru-based YosAid Innovation Foundation (YIF), will implement the Care Companion Programme (CCP), an initiative to support mothers and newborns in Andhra Pradesh. Staff nurses, counsellors, and midlevel healthcare providers to be up-skilled.

28-02-2023 - World Rare Disease Day

03-03-2023 - World Hearing Day

05-03-2023 - Multiple Personality Day

08-03-2023 - International Women's Day

10-03-2023 - World Kidney Day

Academics

THE NEW INTERNS

By Harshita, Section Editor

University examination results were announced for 2018 batch and once again the Rangarayans made us proud with a 90% pass percentage. Internship for 2018 batch has commenced from 01-03-2023. Foundation classes and Basic Cardiopulmonary Life Support (BCLS) classes are a part of the internship orientation program, held from 27-02-2023 to 03-03-2023 under the supervision of Dr.B.Devi Madhavi (Vice Principal), co-coordinated by Dr.G.Sandeep Chakra (Assistant Professor of General Medicine) and Dr. T. Renuka Chowdary (Assistant professor of General Surgery). Foundation classes were held for 2 days, on the 27th and 28th of February. From first of march, interns will be attending procedural skill orientation in Departments of Medicine, Anaesthesia, EMD, Obstetrics and Gynaecology, Surgery and Paediatrics.

Dr YSR University of Health Sciences Mandatory BCLS training programme for House Surgeons was conducted from March 1st to 3rd. Dr Narasimham (Principal), Dr Devi Madhavi (Academic Vice Principal) & Dr Vishnu Vardhan (Administrative Vice Principal) participated in the inauguration ceremony and lit the lamp. Dr. S S C Chakra Rao (IRCF Chairman) visited and impressed upon the COLS, BCLS and others. Dr. Atchyuth and Dr. Praveena (Assistant Professor ENT) took classes about various procedures. The postgraduates assisted in the arrangement of these classes. These high yield sessions before entering the actual arena of being a doctor, left the new batch of interns feeling fortunate.

The 2017 batch will have its convocation on March 17th.

The first and second phase of electives for the 2019 batch have ended. The students were instructed to submit their Electives/Theory/Posting attendance to the respective departments before their mock practical examinations. The students experienced a different education pattern which not only made them responsible but also a professional. Mock practical examinations are being conducted for the 2019 batch from 27-02-2023 to 06-03-2023. University practical examinations will be held from 10-03 -2023 to 19-03-2023.

RESULTS

University exam results of Second year MBBS were announced. A pass percentage of 81% was recorded. University examination results of first year MBBS are yet to be announced.

A total of 65 additional PG seats in 12 departments have been permitted by Medical Assessment and Rating Board by National Medical Commission. This gives a greater opportunity for many aspiring students. The inspection still needs to be done in the department of Community medicine, Emergency medicine and Pediatric surgery

The Postgraduate Medical Education Regulations 2000 (PGMER-2000) provides 3 months District Residency Program in the district health systems for postgraduate students of broader speciality. So the postgraduates of our college are posted for District Residency Program in Kakinada District with effect from March 1st to 31st May.



Sports

THE CHAMPIONS

By Harshavardhan, Section Editor



Kaniganti Sri Rahitya of 2019; S. Bhavya Sri of 2021; and Mohammed Sana Karishma of 2022 of our college represented Dr. YSRUHS at the All-India Inter-university games hosted by Andhra University during February 16 and 19, 2023.

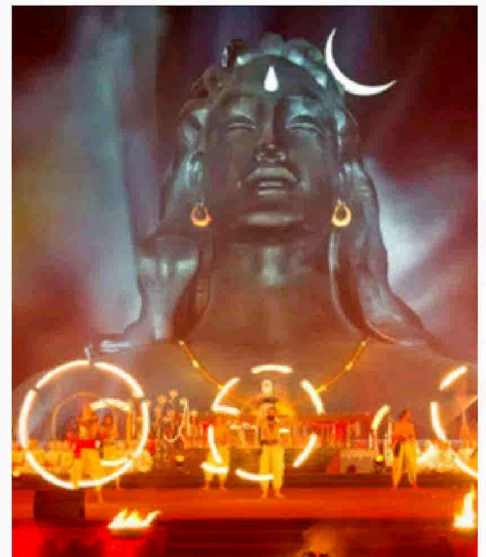
Kaniganti Sri Rahitya and Mohammed Sana Karsihma won silver in roller hockey and bronze in inline hockey respectively and S. Bhavya Sri was awarded a bronze in artistic roller skating.

Art and Culture

MAHA SHIVARATRI

By Subham Sistu, Section Editor

Maha Shivaratri is one of the most significant festivals of this land. It falls on the 14th night of the new moon, during the dark half of the lunar month of Phalgun. This is some time between February and March. It is believed that on this day, Lord Shiva and Goddess Parvati got married. Shiva is considered to be the most transcendental state of existence. Celebrating this Shiva tattva within us is Shivratri. People stay awake the entire night chanting, praying and meditating as it is believed that there is a natural surge of energy this night. People generally observe fasting which aids in detoxification of the body and curtails the restlessness of the mind. In the villages, various activities such as folk music, dance, games and a lot more are being performed. This really unites the social fabric of the nation.



History

CHHATRAPATI SHIVAJI JAYANTI

By Subham Sistu, Section Editor

Chhatrapati Shivaji Maharaj Jayanthi is celebrated on February 19th every year to honour the contributions of the great warrior in reviving the Maratha Empire and to pay tribute to his rich legacy. This day is marked as the birth anniversary of the great Maratha emperor Chhatrapati Shivaji and is celebrated with grand festivities across Maharashtra.

Chhatrapati Shivaji is regarded as one of the bravest rulers of India responsible for standing up against Aurangzeb and finding the Maratha kingdom. He was one of the first Indian rulers to introduce the concept of naval forces to defend Konkan side of Maharashtra and employed many muslim soldiers.

Shivaji Jayanti is a Maharashtrian festival and is observed as a public holiday. People organise cultural programs, plays and dramas depicting the life of this warrior.

This day is celebrated with lot of enthusiasm and is regarded as day of pride and honour for the people of Maharashtra.



THE FOUNDATION STONE

History

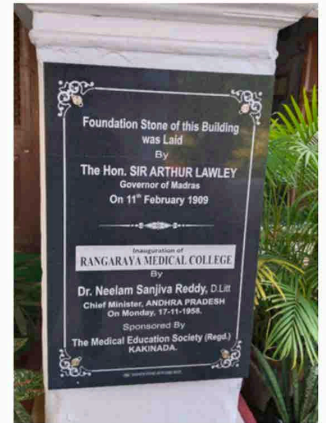
By Lakshmi Sarayu Thota, Associate Editor

The foundation stone of the main college building of the Rangaraya Medical College was laid by the Hon. Sir Arthur Lawley, Governor of Madras on 11th February 1909.

The Rangaraya Medical College was inaugurated on 17th November 1958 by Sri. Neelam Sanjeeva Reddy, the then Chief Minister of Andhra Pradesh. One hundred students were admitted in the first year. Their teaching work for first MBBS was initiated on 15th August 1958 by Dr. V.S. Krishna, Vice Chancellor of Andhra University.

In the year 1977, the Government of Andhra Pradesh took over the privately managed Rangaraya Medical College. In 1981, Rangaraya Medical College became a full-fledged Government Medical College.

Dr. Datla Satyanarayana Raju and Dr. M.V. Krishna Rao founded and registered the Medical Education Society on 16th April 1958.



T20 BLAST

By Harshavardhan, Section Editor

The RMC T20 Blast auction was held on February 25th in our college basketball court, organised by Rising Rovanzers batch. Four franchises belonging to Elegant Emyreans (Internees), Supreme Stalwarts (final year part 2), Rising Rovanzers (final year part 1) and Freshers participated in the auction. Enthusiastic participation from both UGs and PGs made it a hit. Following were the participants:

- Team GRYFFINDORS lead by Dr Akin Susanth (freshers franchise)
- Team TARGARYENS lead by Dr Vishal (Rising Rovanzers franchise)
- Team SUMMER SOLDIERS lead by Guri Naidu (Supreme Stalwarts franchise)
- Team BANG BROS lead by Dr Sai Teja (Elegant Emyreans franchise)



THE LINGUISTIC DAY

By Dr. Aparajitha, Section Editor

International Mother Language Day is observed globally on the 21st of February each year to promote linguistic and cultural diversity and multilingualism. The theme for 2023 is 'Multilingual education: A necessity to transform education'.

It is celebrated due to the initiative of Bangladesh (which was then east Pakistan) and the government of Pakistan declared Urdu as their national language leading to protests among the Bengali-speaking majority in east Pakistan

On the 21st of February 1952, 4 Muslim students were killed while campaigning for the use of Bengali as their mother language officially in east Pakistan (now Bangladesh). Their martyrdom is honored on International Mother Language Day.

Linguistic diversity is threatened as more and more languages disappear. The United Nations noted that every two weeks a language is disappearing, taking an entire heritage with it. Each language carries a unique view of the world of things and beings, a way of feeling and thinking.

A word from the past - On the discovery of the rosetta stone from Egypt - was one of the greatest discoveries in history. It contained Egyptian scripture with greek writing. It was used to decode once lost Egyptian writing system. Before the 1800s, the attempts to uncover the secrets held by the ancient Egyptian hieroglyphics found on walls inside numerous tombs were futile. In 1822, Jean Francois Champollion finally translated the stone and recognized that hieroglyphs were not symbols but instead associated with phonetics. He resolved 15 signs of the demotic script related to alphabetic letters from the Coptic language (a remnant of the last of the ancient Egyptian language) written with the greek alphabet which was readable to Champollion and other scholars researching the stone. He recognized Ptolemy and Cleopatra in greek and the same names in hieroglyphics. Thus he deciphered the entire hieroglyph. With this knowledge, they went into the pyramids and opened a new universe of the ancient Egyptian lifestyle including the diet, manufacturing processes, and specifically the lives of the Pharaohs and commoners in ancient Egypt. A STONE SCULPTED ON IN THE MOTHER TONGUE OF NATIVE EGYPTIANS pioneered the discovery of their history. IN OUR COUNTRY IT IS INDUS VALLEY CIVILIZATION is one of the greatest discovery in regards.

Finally a message from Miss Audrey Azoulay, director general of UNESCO on the occasion of IMLD - awareness of the irreplaceable but fragile value of the world's linguistic and cultural diversity.

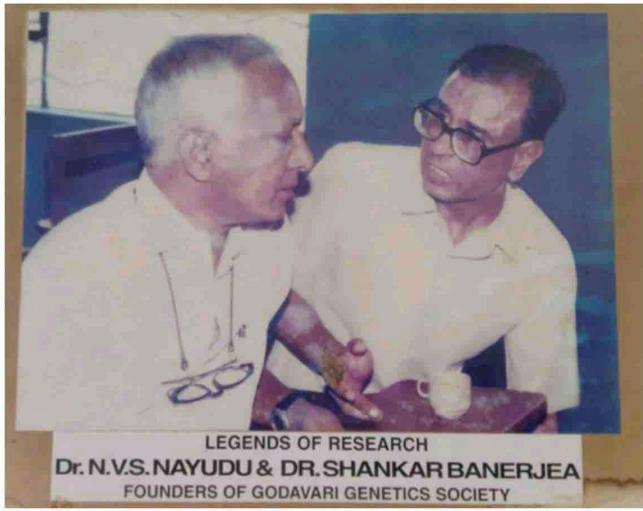
This is also the aim of this International Day: celebrating these ways of expressing the world in its multiplicity, committing to the preservation of the diversity of languages as a common heritage, and working for quality education - in mother tongues - for all.

WE SHOULD LOVE OUR MOTHER TONGUE AND RESPECT OTHER LANGUAGES.

REMEMBER THE PAST

By S. Jyothi Prakash, Associate Editor

When I went to the department of pathology for my cytopathology electives, a photo featuring two eminent people caught my eye. One is Dr. Shankar Banerjea, a founder of the department of Pathology who established the recent methodology in diagnosis and worked in the department from 1962 to 1992. Another one is Dr. N.V.S.Nayudu, who is from the department of Medicine and also the founder of Haemoglobin variant called Hb Godavari. I feel proud that they represented our college as the peak of excellence in education. Our professors had the privilege to be guided by them during their undergraduate and postgraduate life. They were the legends of research and also the founders of Godavari Genetics Society. This picture speaks more memories than words



CONTINUING MEDICAL EDUCATION

Department of Obstetrics and Gynaecology

By S. Jyothi Prakash, Associate Editor

On 21st February, postgraduate CME program was organised by department of obstetrics and gynaecology. The basic topics of obstetrics and gynaecological malignancies were explained by 30 postgraduates. The event was graced by the presence of our superintendent Dr. Hemalata madam. The guest lectures on 'Recognition of Bladder Injuries during Gynaecological Surgeries and Management' by Dr. Manikantan, Department of Urology and 'Radiological Evaluation of Adnexal Masses in Nonpregnant Patients' by Dr. Sailaja, Department of Radiology made this CME more informative.



UNDER COMMUNITY MEDICINE....

Department of Community Medicine

By S. Jyothi Prakash, Associate Editor

URBAN AND RURAL NCD's SURVEY

Urban and Rural NCD's Survey was conducted among population in urban field practice Area, Recharlapeta Kakinada and Rural field practice area G.Mamidada between 21/02/2023 to 23/02/2023 simultaneously as a part of electives under the guidance of Dr.B. Devi Madhavi (Professor and Head of the Department) and monitored by Dr. Rukmini Devi Sapuri, Dr.B.Mercy Davis; Assistant Professors, Dr.Vineela; Senior Resident and Dr.Ravindra; Postgraduate, Department of Community Medicine, Rangaraya Medical college. Here we have used the WHO NCD Questionnaire Step I & II. In Step I, Variables like Demography and lifestyles like smoking, alcohol, high fatty food intake, intake of fruits and vegetables and Physical activity etc...and in Step II Physical measurements like height, weight, waist circumference and Blood Pressure of the people living in that area. Also we have provided health awareness regarding food habits and healthy lifestyles habits.

MCH OUTREACH PROGRAM

Maternal and child health outreach program was conducted among antenatal woman in Rural Health Centre in G.Mamidada between 20/02/2023 to 22/02/2023 as part of electives under the guidance of Dr. Sujatha; Professor, Dr. Sridevi; Associate Professor and Dr. Uthpala; postgraduate of Department of Community Medicine. Here the students talked with antenatal mothers and gave them dietary advices, nutritional advices, postnatal advices, family planning measures etc.

HEALTH AWARENESS CAMPAIGN AT HIGHSCHOOL, RECHARLAPETA

Health awareness campaign was conducted in Municipal High school near UPHC Recharlapeta, Kakinada on 24/02/2023 as a part of Electives. Topics covered were personal hygiene, nutrition, importance of physical activity, infection control, precautions during summer season, steps of hand washing, food habits including avoidance of junk food and importance of green leafy vegetables and home cooked food. Awareness on menstrual hygiene for female students was also conducted.



MY SCIENCE FEST

By Aruna, Section Editor

In my school, science day was celebrated like a festival. Students of classes 6th -9th used to participate in mimes depicting several scenarios related with science. Debates and quizzes on the science day used to make everyone in our school to fill the auditorium and be astonished by talents of participants.

But the one thing which used to interest me most was demonstration of physics principles and chemistry reactions. In the assembly, first our teachers used to give tribute to Dr C V Raman and then used to tell us about his contribution in science, his personality and about many other scientists, doctors, botanists etc.

I participated in exhibitions and once presented human anatomy model. Now when I look back, from making anatomy model to dissecting a human body and watching several surgeries, I feel really happy. My chemistry madam gave a white lab coat on this day saying I will need that if I want to chase my dreams and today I am extremely proud while saying that white coat is a part of my identity.

By Varsha Wilson
Final year part 1

I remember spending weeks leading up to the event researching and experimenting to create the perfect project for science day. On the day itself, I would arrive at school early with my project in tow, eager to share my discoveries with my classmates and teachers.

Now, as a trainee in the field of science, I look back on those early experiences with a sense of nostalgia. Those early experiences sparked a lifelong curiosity and love of science that still drives me today.

Science Day in school was a formative experience that helped shape my future career in science. It was a time when I first realized the power of science to unlock the mysteries and solve real-world problems. I am grateful for those early experiences and continue to be inspired by the wonder and beauty of science.

By Cheekati Kushal Kailash
First year

PLANTATION

By Aruna, Section Editor

On Sunday of 26th February 2023, from 7-8 am, a cleanliness drive and a watering plantation. The event was organised by Final MBBS part 1 students of 2020 batch based on theme 'cleanliness is next to godliness'. This campaign emphasised the importance of people coming together to play their part in making a change and achieving holistic goals.



We all grew up as kids, always intrigued by Abdul Kalam's sorcery with missiles and tales of people in field of science. Science fed the curiosity I had and showed me relation between causation and life and inclined me choosing medical science as my profession.

The excitement with which I tried to simulate smog in my school science project intrigued me. Science is what actually made sense.

By Dr. Swati Mishra
3rd year Postgraduate,
Department of Pathology

Science day reminds us of the enthusiasm and curiosity we had as children, when we would ask endless questions about the workings of the universe. It is a day that makes us feel nostalgic about times when science was not just a subject, but a source of fascination and wonder.

by Pramodh Mullapudi
First year

VISION FOR EVERYONE

By Saniya, Section Editor

On 19th of February 2023, Mega eye camp was held in Coromandel hospital, Kakinada. As part of Youth for Seva organization, student volunteers from Rangaraya medical College from 2018, 2019 and 2020 batches stepped forward to help the patients in need. The 2019 and 2020 batch students assisted in checking for cataract among patients and also lent their hands at various fronts. The camp was graced by the presence of Dr. Sankurathri Chandrasekhar, who personally interacted with the student volunteers from our college as well and outlined the importance of preventive measures and early diagnosis in ophthalmology. It was overall a great success with more than a 1500 patients attaining the help they needed.



OUR VICE CHANCELLOR

By S. Jyothi Prakash, Associate Editor

On 25th February, Our Principal invited all Head of the Departments, professors, Ministerilants staff and representatives of Undergraduates and Postgraduates to felicitate Dr. K. Babji, (MS, MCh, Neurosurgery), Vice Chancellor of Dr. Y.S.R University of health sciences in the college auditorium.



WOMEN'S DAY

By S. Jyothi Prakash, Associate Editor

On the eve of Women's day, the department of Obstetrics and Gynaecology has organised "Adolescent Health Awareness Program". This program includes educating and advising all the school going adolescent girls about menstrual hygiene, reproductive hygiene, nutrition, mental health, safe practices and POCSSO act. Around 500 students from Salipeta Government School, CBM Jubilee Girls High School in Ramaraopeta and Dr. B. R. Ambedkar Gurukulam in Sambamurthy Nagar were screened and required investigations were suggested. All Professors, Associate Professors, Assistant Professors, Senior Residents and Postgraduates actively participated in this event which started on 21st February and is still continuing with grand success.



THE SAVIOURS OF OUR FUTURE

The Neonatology department in RMC was established on 10th March 2011 and has been rendering services for the past 12 years. The department runs level 3 NICU services and provides advanced neonatal care in the form of Extremely Low Birth Weight (ELBW) care and management of the critically ill neonates and also provides High Frequency Oscillatory Ventilation (HFOV), Conventional Ventilation and Non-invasive Ventilation.

The department caters to the combined population of Kakinada, East Godavari, West Godavari and Konaseema districts which add up to the coverage of 10 million people, and maintains survival rates of neonates above 92% which is the highest among all the medical colleges of Andhra Pradesh.

The department proves to be no less than department setups in private healthcare establishments with resident doctors attending all levels of the department and well trained in neonatal resuscitation; along with the equipment of 100 Radiant Warmers, 15 Ventilators, 10 CPAP units, 8 High-Flow Nasal Cannulas (HFNCs) and a bedside ultrasound unit.

Know your department

By Dr. Joharika Saka,
Section Editor





The department has 2 divisions, the Intramural and Extramural units and is headed under the leadership of the Pediatrics HOD Dr. M.S. Raju, along with Dr. Vijay Bhaskar (Associate Professor), Dr. Purnima, Dr. Surya (Assistant Professors), 3 DM PGs, several MD PGs and nearly 40 nurses and supporting staff. The Pediatrics and Neonatology departments are famous for their **high academic culture** in the state of Andhra Pradesh.

The recent addition of the “Dhaatri Lactation Management Unit (LMU)” inaugurated on 13th February 2023 is another invaluable feather in the cap of the Neonatology Department. The lactation unit helps to further improve the survival rate of neonates in the department; HOD Pediatrics Dr. M.S. Raju and his team pursued the establishment of the unit with the cooperation of the previous Superintendent of GGH, **Dr Buddha**, who earmarked the location and got it approved by the Hospital Development Society (HDS) chaired by the district collector, **Dr. Kritika Shukla**. The milk bank provides counselling, patient support and collection of milk after proper screening. It also provides the facilities of pasteurisation and storage of collected milk in deep freezers, which is then dispensed judiciously for eligible babies on prescription.



In the last 3 years, the department boasts of the **lowest mortality rate** of the neonates among all the Pediatrics and Neonatology departments in Andhra Pradesh: It was previously 25-30% before 2019, and now **less than 10%**. In neonates with a birth weight of <math><1\text{ kg}</math>, the survival rate has **quadrupled** which is a commendable feat made reality by the hardworking team of the Pediatrics and Neonatology departments.

The department also provides services from the “District Early Intervention Center” (DEIC) which provides crucial detection and early management of disorders such as Autism, CTEV, hearing disorders etc and also provides screening for Retinopathy of Prematurity (ROP) and screening for otologic disorders through the usage of Otoacoustic Emission (OAE) and Brain Evoked Response Audiometry (BERA) screening and provides subsequent management for detected disorders.



“Thank you”

“It was all made possible by the team effort of all members of the Pediatrics and Neonatology departments under the guidance of the Superintendent of GGH, Kakinada and the Principal of RMC with the support of various NGOs & Companies.”

- Dr. M.S. Raju, HOD Pediatrics



Under the idea of making the Pediatrics department more 'child-friendly', Dr. M.S. Raju Sir donated for the painting of murals in the present unit 1 ward; which was subsequently observed by the district collector, who then requested NGOs such as ‘Meri Or Se’ to sponsor the painting of murals in other pediatric unit wards which were inaugurated by the collector.

We, the students are truly impressed and grateful for the efficient department in saving the lives of the neonates & children and helping students learn.

Research section

INAUGURAL OF STUDENT COMMITTEE

By Saniya, Section Editor

Under the guidance of Dr.D.S.V.L.Narasimham (Principal), Dr.B.Devi Madhavi (Vice principal Academics and HOD of Community Medicine), Dr.A.Vishnu Vardhan (Vice principal Administration and HOD of Anaesthesiology) and respected faculty members, a new RSRS Student Committee was formed for the year 2023. Positions were assigned to worthy candidates after interviewing.

The list of team members:-

The President of the RSRS committee is A.Sai.Anirudh (2019)
Vice President is Ch. Parvathi (2019)
General Secretary is M. Sandeep Varma (2020)
Joint Secretaries from the batch of 2019 are S. Jyothi Prakash and Aishwarya Mishra. From the batch of 2020 are S. Maha Lakshmi, K.V.S.R.K.Manoj.
Financial coordinator is N. Sanjana Reddy (2019)

For the batch of 2019

The Social media head is G.Ravi Shankar
Website head is Ch.Prithvi Raj
Quiz coordinator is M.Lakshmi Jagitha
Research Coordinator is S.V.S.Ganesh
Public relations coordinator is P.Annie Kruthi
Guest lectures coordinator is Shruti Garg

For the batch of 2022:-

Batch heads
Varshita Labhana
Saragadam Youwawardhan
Batch event coordinators
Karthika Sree
Potta Koushik
Research Heads:
Yarlagadda Vineel
Research Joint Coordinators:
Bolla Shruthi
Chodavarapu V V Satya Rupesh Gupta
Vinjamuri venkata Sai Priyadarshini
Quiz coordinators
Mondreli Sathvik Sai
Vupputuri Karthik Sashank

For the batch of 2020

The Social media head is E.Swetha
Quiz coordinator is G.Alakanandha
Research coordinator is Shagufta Anjum
Public relations coordinator is Mahalti Saniya
Guest lectures coordinator is M.Jyothsna

INTERNAL COMPLAINT COMMITTEE

By S. Jyothi Prakash, Associate Editor

The Internal Complaint Committee was established on 27th February. Any complaints related to work place harrasment, gender discrimination, ragging or any other complaints can be sent to the committee members' mail or their phone number. A drop box for complaints is available at the principal's office at as well. The committee includes Dr. Sailaja; Department of Surgery, Dr. Sridevi; Department of Pharmacology, Dr. Phani Kiran; Department of Forensic medicine, Dr. Sowjanya; Senior Resident from Department of Obstetrics and Gynaecology, Dr. Ruchitha; Postgraduate from Department of Otolaryngology; Dr. Priyanka, Postgraduate from Department of Community medicine, Ramanamma; Accountant, Ruby; Subordinate and Ch. Nalini Kranthi; International Women Wing Coordinator.

A NOTE FROM THE EDITOR

Joharika,,
Section Editor

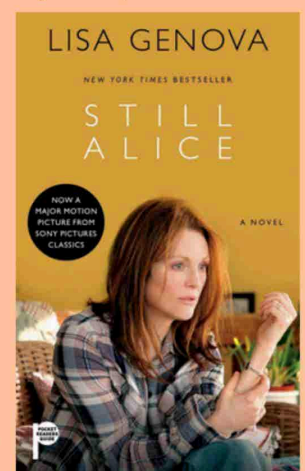


Greetings everyone, I'm so excited to meet you all through this issue! It's a privilege for me to be part of the editorial board of the maiden newsletter of our institution. I remember when I was a fresher and thinking to myself, why doesn't our college have a magazine/newsletter? I can't believe it has already become a reality, and a smashing success at that. My request to all the students of this college is to please continue the legacy of this newsletter - keep contributing and keeping it alive! I hope to see more and more amazing editions written dozens of years down the road. Documentation is what keeps history alive - and our institution deserves the very best! Keep being awesome - we need content from your lives to keep our pages flowing with words for years to come!

Add to your library

This prize winning, debut novel by neuroscientist Lisa Genova is about a Harvard University professor- Alice Howland, who suffers from early onset Alzheimer's disease. Fiercely independent, Alice struggles to maintain her lifestyle and live in the moment, even as her sense of self is being stripped away. In turns heartbreaking, inspiring and terrifying, Still Alice captures in remarkable detail what it's like to literally lose your mind. STILL ALICE was adapted into a film starring Julianne Moore who won the 2015 Best Actress Oscar for her role.

By Anisha, Section Editor

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Vice Principal Academics, RMC, KKD
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